

3-11p & 7a-11p

11p-7a & 11p-9a

Weekly

Kitchen		11p-7a/9a
<input type="checkbox"/> Wash dishes	<input type="checkbox"/> Wash dishes	<input type="checkbox"/> Dust blinds and wash curtains
<input type="checkbox"/> Clear and wipe table	<input type="checkbox"/> Clean and wipe table	<input type="checkbox"/> Clean pantry shelves
<input type="checkbox"/> Wipe countertops and stove	<input type="checkbox"/> Clean countertops	<input type="checkbox"/> Wipe cupboard doors and shelves
<input type="checkbox"/> Wipe the sink	<input type="checkbox"/> Scrub and shine sink	<input type="checkbox"/> Clean fridge and wash drawers
<input type="checkbox"/> Sweep	<input type="checkbox"/> Sweep and mop floor	<input type="checkbox"/> Clean oven and oven hood
<input type="checkbox"/> Wipe up spots on the floor	<input type="checkbox"/> Scrub floor around edges/baseboards	<input type="checkbox"/> Clean small appliances
<input type="checkbox"/> Take out trash	<input type="checkbox"/> Take out trash	<input type="checkbox"/> Wash trash can
<input type="checkbox"/> Wipe up spills in fridge	<input type="checkbox"/> Wipe up spills in fridge	<input type="checkbox"/> Wipe out kitchen cabinet drawers
<input type="checkbox"/> Throw out old food	<input type="checkbox"/> Throw out old food	<input type="checkbox"/> Clean oven
<input type="checkbox"/> Shake or vacuum rugs	<input type="checkbox"/> Shake or vacuum rugs	<input type="checkbox"/> Wipe down walls
<input type="checkbox"/>	<input type="checkbox"/> Clean outside of all appliances	<input type="checkbox"/> Wash windows and ledges
<input type="checkbox"/>	<input type="checkbox"/> Clean stove/stove pans/oven/hood	<input type="checkbox"/> Wipe light switch(es)
<input type="checkbox"/>	<input type="checkbox"/> Wipe door knobs	<input type="checkbox"/> Clean light fixtures
Bathroom		11p-7a/9a
<input type="checkbox"/> Spray shower with shower mist	<input type="checkbox"/> Wash all towels	<input type="checkbox"/> Clean showerhead
<input type="checkbox"/> Clean mirror	<input type="checkbox"/> Clean sink/countertop	<input type="checkbox"/> Wash windows
<input type="checkbox"/> Wipe the sink and counter	<input type="checkbox"/> Wipe door/knobs	<input type="checkbox"/> Wash rugs
<input type="checkbox"/> Clean the toilet bowl	<input type="checkbox"/> Clean tub and shower walls	<input type="checkbox"/> Wash trash can
<input type="checkbox"/> Wipe toilet seat and rim	<input type="checkbox"/> Clean inside & outside of toilet	<input type="checkbox"/> Wipe down walls and light switch
<input type="checkbox"/> Clean outside of toilet	<input type="checkbox"/> Empty trash and clean cans	<input type="checkbox"/> Clean light fixtures
<input type="checkbox"/>	<input type="checkbox"/> Shake or vacuum rugs	
<input type="checkbox"/>	<input type="checkbox"/> Clean floor and wall edges	
<input type="checkbox"/>	<input type="checkbox"/> Wipe door knobs	
Bedrooms		7a-11p
<input type="checkbox"/> Make bed	<input type="checkbox"/> Wash, dry and fold individual's clothes	<input type="checkbox"/> Straighten shoes
<input type="checkbox"/> Straighten nightstand	<input type="checkbox"/> Make bed before leaving shift	<input type="checkbox"/> Straighten drawers fold clothes
<input type="checkbox"/> Put clothes away	<input type="checkbox"/> Straighten room once all awake	<input type="checkbox"/> Dust blinds/vacuum curtains
<input type="checkbox"/> Put shoes away	<input type="checkbox"/> Change & wash sheets for those incontinent	<input type="checkbox"/> Change wash sheets
<input type="checkbox"/> Change sheets(if needed)	<input type="checkbox"/> Wipe door knobs	<input type="checkbox"/> Vacuum around the edges of room
<input type="checkbox"/> Dust furniture, electronics, pictures		<input type="checkbox"/> Clean the window ledge
<input type="checkbox"/> Vacuum/mop floors and edges by walls		<input type="checkbox"/> Wash windows and ledges
<input type="checkbox"/> Change & wash sheets for those incontinent		<input type="checkbox"/> Wipe light switch
<input type="checkbox"/> Wash soiled clothing from incontinence		
Living/Family Rooms		11p-7a/9a
<input type="checkbox"/> Clean up the clutter	<input type="checkbox"/> Dust furniture, electronics, pictures	<input type="checkbox"/> Clean mirrors/dust pictures
<input type="checkbox"/> Straighten pillows/cushions	<input type="checkbox"/> Vacuum rug(s)	<input type="checkbox"/> Mop floors
<input type="checkbox"/> Straighten coffee/end tables	<input type="checkbox"/> Straighten books, DVD's, etc.	<input type="checkbox"/> Clean electronics
<input type="checkbox"/> Wipe spots off tables	<input type="checkbox"/> Vacuum couch	<input type="checkbox"/> Clean mirrors/dust pictures
<input type="checkbox"/> File Papers organize binders	<input type="checkbox"/> Vacuum around the edges of room	<input type="checkbox"/> Wipe light switch
<input type="checkbox"/>	<input type="checkbox"/> File Papers organize binders	<input type="checkbox"/> Wash windows and ledges
<input type="checkbox"/>	<input type="checkbox"/> Sweep and mop the floors	<input type="checkbox"/> Clean light fixtures
<input type="checkbox"/>	<input type="checkbox"/> Wipe door knobs	<input type="checkbox"/> Dust air exchange
Laundry / Utility Room		11p-7a/9a
<input type="checkbox"/> Clean up the clutter	<input type="checkbox"/> Vacuum/ mop	<input type="checkbox"/> Vacuum around the edges of room
<input type="checkbox"/> Remove lint from dryer vent	<input type="checkbox"/> Dust/ mop	<input type="checkbox"/> Dust blinds/vacuum curtains
<input type="checkbox"/>	<input type="checkbox"/> Wipe washer/dryer	<input type="checkbox"/> Clean insides of washer/dryer
<input type="checkbox"/>	<input type="checkbox"/> Wash bedding and towels	<input type="checkbox"/> Wash windows and ledges
<input type="checkbox"/>	<input type="checkbox"/> Wipe door knobs	
Entryway / Porch		7a-11p
<input type="checkbox"/> Pick up clutter/debris/trash	<input type="checkbox"/> Pick up clutter/debris/trash	<input type="checkbox"/> Clean porch furniture
<input type="checkbox"/> Vacuum rug or mat	<input type="checkbox"/> Wipe door knobs	<input type="checkbox"/> Pick up clutter/debris/trash
<input type="checkbox"/> Sweep entry and steps		<input type="checkbox"/> Sweep entry and steps
<input type="checkbox"/> Clean door/sliding doors		